

## Troop 4045 Packing List



**Winter**

### REQUIRED BEFORE ARRIVAL

<b>Permission Slips</b> — required for each campout; found on Troop Site under Scout & Parent Resources → Permission Slips
<b>Medical Form Part A &amp; B</b> — required annually; found on Troop Site under Scout & Parent Resources → Medical Forms

### IMPORTANT

<b>NO COTTON</b> — does not retain heat when wet; dries slowly when wet
<b>Dress in layers</b> — underwear → base layer → shirt/pants → mid layer → jacket
<b>Be prepared for changing weather conditions</b>

### UNIFORM

<b>Class A Uniform</b> — required for camporees — shirt, pants/shorts, belt, neckerchief w/ slide
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### CLOTHING

**Packing Tip:**  
Use Ziploc bags to organize clothing and keep items dry

#### UNDER / NEXT-TO-SKIN

<b>3–4 Underwear (non-cotton)</b>
<b>4 Liner Socks (non-cotton)</b> — worn under hiking socks to reduce friction and prevent blisters
<b>4 Hiking Socks (wool/synthetic, non-cotton)</b> — wicks moisture and prevents blisters

#### DAILY CLOTHING

<b>2 Base Layer Top (non-cotton)</b> — worn under clothing to retain body heat
<b>2 Base Layer Bottom (non-cotton)</b> — worn under clothing to retain body heat
<b>2 Shirts (non-cotton)</b>
<b>2 Pants (non-cotton)</b> — hiking or athletic
<b>1 Sleepwear</b> — dry clothes only for sleeping; do not wear daytime layers

#### WARMTH / OUTER LAYERS

<b>2 Mid Layers (non-cotton)</b> — fleece/sweatshirt; insulation layer for warmth
<b>1 Winter Jacket</b> — insulated, cold-weather rated (required)
<b>1 Snow Pants (insulated)</b> — required
<b>1 Rain Jacket</b> — waterproof shell (layering)
<b>1 Rain Pants</b> — waterproof shell (layering)
<b>1 Beanie (non-cotton)</b> — retains body heat; can be used for sleep warmth
<b>2 Pairs Insulated Gloves</b> — snow gloves (required)

### FOOTWEAR

<b>1 Pair Winter Boots</b> — insulated and waterproof (required)
<b>1 Hiking Boots</b> — broken in; waterproof (required)

### PACKS / BAGS

<b>Hiking Backpack</b> — internal or external frame, 65–75 L
<b>Day Pack</b> — small backpack for essentials during outings
<b>Ziploc Bags</b> — use as needed; pack clothing inside for organization and moisture protection
<b>Stuff Sacks / Packing Cubes</b> — optional; for organization

### SLEEPING GEAR

<b>Sleeping Bag (10°F or lower)</b> — required; cold-weather rated
<b>Sleeping Pad</b> — R-value appropriate for temperature; insulation from ground is critical
<b>Additional Sleeping Pad (optional)</b> — added insulation for cold ground
<b>Pillow (optional)</b> — small, compressible, or inflatable

### CAMP GEAR

<b>Mess Kit</b> — plate/bowl, utensils, and cup; no glass
<b>Water Bottle (32 oz+)</b> — no glass
<b>Headlamp</b> — with extra batteries
<b>Camp Chair</b> — compact / foldable

### PERSONAL ITEMS

<b>Toothbrush &amp; Toothpaste</b>
<b>Deodorant</b>
<b>Camp Towel</b> — small
<b>Sunscreen (optional)</b> — snow glare
<b>Lip Balm (recommended)</b>
<b>Hand Warmers (optional)</b>

### SCOUT GEAR

<b>Pocket Knife</b> — if you earned your Totin' Chip
<b>Compass</b>
<b>Fire Starter Kit</b> — required
<b>Scout Book</b> — optional; work on requirements during downtime